



# Turning Tragedy Into TRANSFORMATION

for Military Families of the Fallen





Turning Tragedy Into Transformation



Imagine  
an organization committed  
to creating new ways to cope, day-to-day,  
after the unthinkable happens.

**Helping to empower** military children and families  
in the aftermath of trauma and loss.

**To be there**, providing long-term support  
for a lifetime of healing.



tuesday's children Turning Tragedy Into Transformation



# How we do it

Our time-tested, long-term approach enables families and communities torn apart by tragedy to heal, recover and thrive. Our proven platform of programs includes trauma and grief support, mental health counseling, youth mentoring, skills-building workshops, parenting advisement, community and family engagement events and volunteerism opportunities. Our evidence-based programs strengthen resilience, foster post-traumatic growth and build common bonds

## 90%

The length of our matches exceeds the national average, and some have lasted nearly a decade.

### **LONG-TERM YOUTH MENTORING**

Tuesday's Children's Youth Mentoring Program is designed to encourage and support mutually beneficial, long-standing relationships between positive adult role models and children ages 6-18. Having a mentor enables children who have lost a parent or sibling to grow emotionally and socially, build resilience and develop coping skills and self-esteem while encouraging them to make healthy choices.

Experts in the field of child development, grief, bereavement and child safety have guided Tuesday's Children to build a well-established and highly impactful offering that can change the trajectory of children's lives.

“The Career Mentors Program is amazing. They’ve helped me in so many business and work-related ways. I hope they continue to grow and prosper and assist other people in need.”

- 2017 participant

Mentors can offer advice, share life experiences, help a young person navigate challenges and have fun! Our Youth Mentoring Program has been the cornerstone of Tuesday's Children's resilience-building programs, which we have now expanded to Military Families of the Fallen.

## **CAREER MENTORING**

Our Career Mentoring programs offer educational and career guidance for teens, pre-teens and adults who have lost a family member who answered the call post-9/11. By understanding the significant concerns of surviving military families, including underemployment and transitions to new careers, our Career Resource Center provides young adults,

Career Mentees, the support they may not otherwise have. Career Mentors are trained professionals who volunteer their time to give career advice and support, in addition to workshops, seminars and network-building opportunities to assist single-parent families.

In addition to leadership development and college prep seminars, Tuesday's Children also conducts our annual Take Our Children to Work Day, for ages 6-18, offering a close-up look at organizations and careers of interest to help them imagine their future. This program is held in several states and continues to grow.

# Together





# Support

“When our service members are faced with trauma -or tragically lose their lives as a result -it’s easy to forget their families are also dealing with the same trauma and left to cope alone. Military families need to know that there are resources available to them -and there is hope.”

– C.I. participant, Natalie

## SUPPORT FOR SURVIVING FAMILY MEMBERS

Our renowned Creative Insight program enables individuals who have experienced the loss of a service member to build their self-esteem, encourages innovative problem-solving and provides the tools needed to face challenges and experience more fulfilling lives.

Our therapeutic healing program, Heart to Heart, fosters long-term healing. These trauma-informed retreats are offered to military surviving spouses and Gold Star Parents. During the retreat, participants make connections, learn ways to navigate challenges, find resources and tools to move forward and discover new lifelong friends.



Turning Tragedy Into Transformation

A close-up, vertical view of the American flag, showing the stars and stripes in detail. The flag is slightly wrinkled and occupies the left half of the page.

Our  
continuum  
of care  
and platform of  
proven programs  
ensure that all military  
surviving family members  
are connected to a  
nurturing community of  
support that promotes  
resilience and long-term  
healing from loss.



# Learn more about Tuesday's Children today

tuesdayschildren.org  
 info@tuesdayschildren.org  
 212.332.2980

**OUR MISSION**

Tuesday's Children provides a lifetime of healing for families who have been forever changed by terrorism, military conflict or mass violence.

**FEATURED IN**



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