



# Tuesday's Children: Who We Are

Tuesday's Children provides a lifetime of healing for families who have been forever changed by terrorism, military conflict or mass violence.



## WHO WE SERVE

Through a time-tested, long-term approach, Tuesday's Children programming serves and supports our nation's military Families of the Fallen; keeps the promise to support all those impacted by Tuesday, September 11th; and builds resilience and common bonds in communities worldwide recovering from tragedies.

**"20 years. It's an organization we all wish never needed to be established. My family and I have benefited in so many ways from Tuesday's Children with the support of your dedicated staff and your transformational programs. Thank you for all you have done and all you continue to do."**

**DOLORES, 9/11 FAMILY MEMBER**

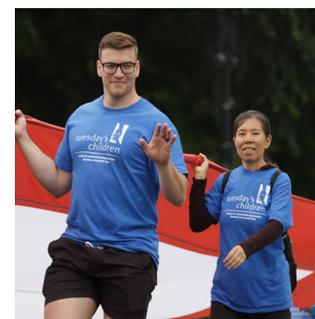
## OUR IMPACT

Throughout **20** years of dedicated service and **45,000+** individuals served

- We are a trusted resource in recovery and resilience for families and communities
- We provide a safe, supportive community and adaptive programming to meet evolving needs
- We fill the gap in long-term healing programs for bereaved military families and those impacted by terrorism and mass violence
- Our programs strengthen resilience, foster post-traumatic growth and build common bonds

## A CALL TO ACTION

- **37,000+** military families have lost a service member post-9/11
- **7,500+** families per year grieve the loss of a service member – a child, a parent, a spouse or a sibling
- **250,000+** people have died from global terrorist incidents in the last two decades
- **1 in 4** victims of mass shootings are under the age of 18



## ANSWERING THE CALL

Our innovative platform of programs—developed in partnership with recognized leaders in the fields of child development, family advocacy, crisis counseling and mentoring—addresses the needs of families at all stages of recovery from trauma and loss. We provide trauma and grief support, youth mentoring, mental health and wellness programs, skills-building workshops, career resources, parenting advisement, youth leadership development, community-based family engagement events and volunteerism opportunities. Tuesday's Children's Gold Star Family Programs support losses from all branches of service, regardless of circumstance of death and status with the military at the time of loss, all at no cost to the family members.

**"There is a common misconception that support is only needed in the initial aftermath of tragedy, and we at Tuesday's Children know that families and children need a lifetime of healing."**

**TERRY SEARS, EXECUTIVE DIRECTOR OF TUESDAY'S CHILDREN**



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## PROGRAMS & SERVICES

### FAMILY ENGAGEMENT

Our Family Engagement programs enhance and sustain trust through common bonds and peer support. These programs help family members find strength in community. Family Engagement days, such as professional sports games, picnics and amusement park outings, offer children impacted by trauma and loss the opportunity to just be a kid and give families a chance to bond with others who have experienced similar tragedies or similar traumatic loss.

### LONG-TERM YOUTH MENTORING

Our Youth Mentoring Program is the cornerstone of long-term healing. This program encourages and supports mutually beneficial, long-standing relationships between adult role models and children ages 6-18 who have lost a military parent or sibling. Through a hybrid of community-based and digital e-mentoring, we enable children to develop healthy coping skills and have proven results in guiding and supporting socially strengthened young adults. The length of our matches, which well exceeds the national average for mentoring programs, sets this program apart and ensures enduring support for children impacted by traumatic loss.



### CAREER RESOURCE CENTER

Our Career Resource Center has helped prepare **over 6,000** children and families for college and careers over the last two decades through in-person and virtual workshops, seminars and leadership development programs to enhance life skills, social connections, college preparation and career guidance. We leverage **140+** corporate and industry partnerships to facilitate career shadow days, networking opportunities, and more!

### MENTAL HEALTH AND WELLNESS PROGRAMS

We support families with a range of life management and mental health and wellness programs, delivered in-person and virtually. Our renowned Creative Insight program, based on the distinguished Creativity in Business course at Stanford University, inspires and empowers participants to create a life they love. Our Heart to Heart healing retreats bring surviving military family members together to honor their loss and take steps toward healing.

### PROJECT COMMON BOND

Project COMMON BOND has united **nearly 900** teenagers and young adults from **34** countries who have lost a loved one due to terrorism, mass violence or war. Participants learn about peacebuilding and conflict resolution while forming lifelong bonds with their peers and engaging in activities that emphasize the dignity of all. Chaperones and staff convene to discuss cross-cultural perspectives in long-term healing.



### SHARING LESSONS IN COMMUNITY RESILIENCE

Through our evidence-based Long-Term Healing Model, we are sharing promising practices and lessons learned in recovery and resilience with communities impacted by terrorism, military conflict or mass violence. Our online toolkit at [TuesdaysChildrenHeals.org](https://TuesdaysChildrenHeals.org) offers a training curriculum and resources for providing tragedy assistance and support services to families and communities impacted by traumatic events. We build Connections in Resilience for service providers supporting communities in the wake of traumatic events and recently founded a peer support network, the Survivors of Tragedy Outreach Program (STOP), comprised of survivors and experts in resilience. We raise awareness through speaking engagements and host an annual Lessons in Recovery and Resilience Forum convening experts, survivors and stakeholders from key sectors in tragedy assistance and long-term healing.