



LESSONS

IN

RECOVERY

AND

RESILIENCE

TUESDAY, MAY 17, 2022

Emerging from Tragedy: Building Resilience after Wide-Scale Trauma and Loss

A virtual event featuring interactive online content and survivor stories of resilience.

Dear Friends,

I am pleased to welcome you to this special virtual event, our 5th annual Lessons in Recovery and Resilience Forum, where we will be reflecting on more than two decades since Tuesday, September 11, 2001 and the many ways that our community and others build resilience after terrorism, military conflict, mass violence and traumatic loss. This forum will look to the past through conversations with first-hand survivors, who have faced adversity, and experts, who have guided response efforts. Our conversations today will help to navigate how best we can collectively move forward into the future.



**Terry Grace Sears,
Executive Director
of Tuesday's Children**

The unfortunate truth is that, even though it has been more than two decades since Tuesday's Children was called to its mission, our work is still needed, perhaps now more than ever. When we set out to do this work, we made a promise in the wake of a devastating tragedy that reshaped our lives and our world. Today, our society faces great challenges that we hoped we'd never see in our lives, or in the lives of our children. We are rising to meet the needs of new generations of children and families recovering from wide-scale trauma and loss.

More than 37,000 families have lost a family member who served in the U.S. military post-9/11, in many cases a parent, a spouse, a child. Veteran suicides account for four times as many service member deaths as combat casualties. Terrorism and mass violence continue to plague our communities in the U.S. and abroad, claiming the lives of over 250,000 global citizens since 2001. We still have yet to emerge from a global pandemic that has thus far taken the lives of over 1 million Americans and more than 6 million people worldwide.

While these trends point to many risk factors—increased anxiety, isolation, disconnectedness and even numbness—the purpose of this forum is to build connections, bridges between survivors, experts, service providers, policy makers, educators, students, funders and compassionate individuals. Today, together, we can seek some answers to the tremendous challenges before us, by listening to the voices of those who have been directly impacted by tragedies, and by hearing about promising and innovative work in recovery and resilience.

Over these last two decades and more, working closely with communities impacted by tragedies throughout the U.S. and around the globe, we have had the honor to share and improve upon our Long-Term Healing Model as a roadmap for those who need it most. In this work, we continue to gain new perspective and knowledge from our community partners, who share our commitment to long-term support. Above all, we are honored to work with our family members, our survivors—they have the greatest lessons to teach us about healing and resilience, and they bring the most hope to others who have suffered trauma and loss, because they offer connection and a community of support.

We are grateful to be able to connect with all of you today. On behalf of all who made this event possible, we thank you for attending and hope you enjoy the sessions.

Best regards,

A handwritten signature in black ink that reads "Terry Grace Sears".

Terry Grace Sears
Executive Director of Tuesday's Children

WHO WE SERVE

Through a time-tested, long-term approach, Tuesday's Children programming serves and supports our nation's military Families of the Fallen; keeps the promise to support all those impacted by Tuesday, September 11th; and builds resilience and common bonds in communities worldwide recovering from tragedies.

OUR IMPACT

Tuesday's Children has provided services to some of our nation's and the world's most vulnerable populations. With more than 20 years of dedicated service, over 45,000 individuals across the U.S. and from approximately 40 countries have benefited from our resilience-based programs. Our rapidly expanding Gold Star Family Programs fill the gap in long-term healing programs available for America's military families of the fallen.

A CALL TO ACTION

We know firsthand the long-term effects of terrorism, military conflict, mass violence and traumatic loss. 3,051 children lost a parent on Tuesday, September 11, 2001. Since 9/11, more than 37,000 families have lost a military service member, and in most cases a parent and spouse. Over 250,000 people have died as a result of global terrorist incidents since 2002. Mass violence, extremism and conflict are growing concerns in the U.S. and on the world stage, with new risks continuing to escalate during the global pandemic, which has now claimed the lives of more than 6 million people worldwide and caused additional losses in many of the families we serve.

ANSWERING THE CALL

As we build on two decades of dedicated service, we are committed to keeping the promise to meet our families' needs now, and in the future. Our innovative platform of programs developed in partnership with recognized leaders in the fields of child development, family advocacy, crisis counseling and mentoring—addresses the needs of families at all ages and stages of recovery from trauma and loss. We provide trauma and grief support, youth mentoring, mental health programs, skills-building workshops, career resources, parenting advisement, youth leadership development, community-based family engagement events and volunteerism opportunities.

OUR APPROACH

Tuesday's Children enables families and communities torn apart by tragedy to heal, recover and thrive for a lifetime. Our evidence-based Long-Term Healing Model is a proven approach to bringing families out of isolation by featuring safe, supportive and adaptive programming that strengthens resilience and builds community among individuals with common bonds. Trust is the foundation of our organizational strategy, and our approach of meeting families where they are in their recovery from trauma and loss has proven to effectively engage families, and keep them engaged to address their changing needs over time.

LONG-TERM HEALING MODEL

Through our proven Long-Term Healing Model, we share best practices and lessons learned in recovery and resilience with communities impacted by terrorism, military conflict, mass violence and traumatic loss at home and abroad. At TuesdaysChildrenHeals.org, we offer a training curriculum and toolkit of resources for providing tragedy assistance and support services to families and children impacted by traumatic events. We continue to broaden our impact by building coalition and peer networks and learning from other domestic and international communities, survivors, service providers, government agencies and family support networks in response to wide-scale trauma and loss, terrorism, military conflict and mass violence.

AGENDA

9:30 a.m. - 10:00 a.m. EST

VIP Breakfast: Special Pre-Event for the Lessons in Recovery and Resilience Forum

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10:00 a.m. - 10:10 a.m. EST

Introduction and Opening Remarks from Tuesday's Children

Terry Grace Sears, Executive Director, Tuesday's Children

Welcome to Lessons in Recovery and Resilience, highlighting how experts and survivors around the world are supporting communities impacted by terrorism, military conflict, mass violence and wide-scale trauma and loss.

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10:10 a.m. - 10:15 a.m. EST

Jake Tapper, CNN Anchor and Chief Washington Correspondent

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10:15 a.m. - 10:25 a.m. EST

Keynote Speaker

Vladimir Voronkov, Under-Secretary-General, UN Office of Counter-Terrorism

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10:25 a.m. - 11:25 a.m. EST

Expert Panel Discussion: Best Practices in Tragedy Preparedness and Response, Community Resilience, and Long-Term Healing

The panel will explore the long-term effects of global and domestic terrorism, military conflict, mass violence and wide-scale trauma and loss as well as government, private sector and community supports, program development strategies and preparedness and prevention efforts.

Moderator: April Naturale, Assistant Vice President, National Programs and Assistant Vice President, National Crisis & Wellness Programs at Vibrant Emotional Health

Panelists:

- Dr. Heidi Kraft, Clinical Psychologist, Navy Combat Veteran, Chief Clinical Officer Psych/Armor
- Catherine Jaynes, Senior Director, External Affairs, COVID Collaborative; Partner, Cicero Group
- Amy O'Neill, MS, LPC - Licensed Professional Counselor, Survivor of the Boston Marathon Bombings, Host of "The Trauma Impact" podcast, and Consultant
- Denise Lifton, Chief of Pillar I & IV, United Nations Centre for Counter-Terrorism/United Nations Office of Counter-Terrorism

11:25 a.m. - 11:40 a.m. EST

Keynote Speaker

Thelma Stober, Survivor of the 7/7 London Underground attacks, Deputy Lieutenant, Greater London, Co-Chair, Grenfell Tower Memorial Commission

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11:40 a.m. - 12:40 p.m. EST

Survivor Panel Discussion: Reflections on Resilience from Survivors Impacted by Terrorism, Military Conflict, Mass Violence and Traumatic Loss.

Hear from individuals impacted by tragedy and how they are using their voice in a variety of ways to create change for the general public and in communities directly impacted by mass tragedy.

Moderator: Monica Meehan McNamara, MA, family therapist; Curriculum Director, Project COMMON BOND, Tuesday's Children

Panelists:

- Eugene Belilovsky, Surviving 9/11 Family Member—lost his mother Yelena Belilovsky at the World Trade Center in 2001; Mental Health Counselor
- Heather Dearman, Surviving Family Member—cousin of Ashley Moser (wounded) and aunt of Veronica Moser (killed)—from the 2012 Aurora, CO theater shooting; Co-Founder 7/20 Memorial Foundation
- Amy Dozier, Gold Star Spouse to Army Staff Sgt. Jonathan Kilian Dozier, who was killed in Iraq on Jan. 9, 2008; Donor Success Manager, Black Box Project, Stop Soldier Suicide
- Reid Orlando, Covid-Bereaved Family Member—lost his mother, Pamela Orlando, an ER nurse, in April 2020; Account Executive, Medix
- Thelma Stober, Survivor of the 7/7 London Underground attacks, Deputy Lieutenant, Greater London, Co-Chair, Grenfell Tower Memorial Commission

12:40 p.m. - 12:55 p.m. EST

Keynote Speaker

Nate Boyer, Army Green Beret, philanthropist, humanitarian, and former football player for the Texas Longhorns and Seattle Seahawks

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12:55 p.m. - 1:00 p.m. EST

Concluding Remarks

Terry Grace Sears, Executive Director, Tuesday's Children

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1:00 p.m. - 1:30 p.m. EST

Networking Event

Topics/Rooms:

- Supporting Global Victims and Survivors of Terrorism and Mass Violence
 - Moderated by Jo Dover, Victims of Terrorism Specialist; Consultant; Fellow of the Institute Welfare, and Amy O'Neill, MS, LPC - Licensed Professional Counselor, Survivor of the Boston Marathon Bombings, Host of "The Trauma Impact" Podcast, and Consultant

- Emerging Needs in Childhood Bereavement
 - Moderated by Maria Collins, Vice President, New York Life Foundation, and Dr. Catherine Jaynes, Senior Director, External Affairs, COVID Collaborative; Partner, Cicero Group

- Honoring and Serving Military Families
 - Moderated by Liz Zirkle, Director of Tuesday's Children Gold Star Family Programs

- Wellness & Resilience
 - Moderated by Leo Flanagan, Ph.D., Tuesday's Children Board Member; Founder & President, The Center for Resilience

Additional Information Link: www.tuesdayschildren.org/calendar/resilience-forum

OPENING REMARKS

Terry Grace Sears

Terry Grace Sears is the Executive Director of Tuesday's Children, a nonprofit family service organization, based in New York. Following the events of Tuesday, September 11, 2001, Tuesday's Children was founded with a long-term commitment to serve and support the 3,051 children who lost a parent on that day.

In subsequent years, the organization broadened its mission to include all those impacted by 9/11, and in particular the responder community. After the 15th Anniversary of 9/11, Tuesday's Children began to address the ripple effect of September 11th and provide long-term support to military families of the fallen as well as share lessons learned with other communities impacted by terrorism and war worldwide.

Long devoted to the challenges faced by children, families and communities, Terry served as the Chair of the Board of Tuesday's Children since its founding and then in 2004 assumed the role of Executive Director. Terry successfully led the organization through the milestones of the 10th, 15th and 20th anniversaries of September 11th. Terry has been pivotal in Tuesday's Children's evolution from a 9/11-focused organization to a nationally focused nonprofit serving military families of the fallen and other communities impacted by traumatic events and mass-scale tragedies.

A graduate of Fordham University, Terry serves on the Board of Citizens Against Government Waste, the Sarita Kenedy East Foundation and the Santa Maria Foundation. Terry and her husband Richard, along with their four children, are lifelong residents of Manhasset, NY a community that was heavily impacted by losses on September 11th.



SPECIAL GUEST SPEAKER

Jake Tapper **CNN anchor and chief Washington correspondent**

Jake Tapper joined the network in January 2013. Tapper currently hosts a one-hour weekday program, *The Lead with Jake Tapper*, which debuted in March 2013, and has hosted CNN's Sunday morning show, *State of the Union*, since June 2015. Tapper has been a widely respected reporter in the nation's capital for more than 14 years.

His most recent book, *The Outpost: An Untold Story of American Valor*, debuted in the top 10 on the New York Times bestseller list.

Tapper imparts his political expertise on *State of the Union* by conducting interviews with top newsmakers on politics and policy, covering Washington, the country and the world. *The Lead* covers headlines from around the country and the globe with topics ranging from breaking news in politics and world events, to politics, money, sports, and popular culture.

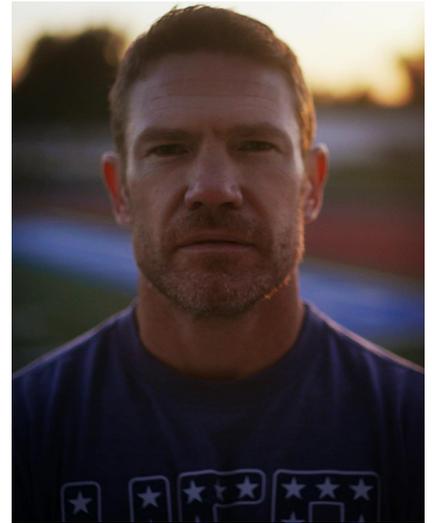
Most recently, Tapper lent his political expertise to CNN's 2016 election coverage and moderated two Presidential Primary debates. On election night, Tapper played a pivotal role in the network's coverage of the race and provided analysis on projections throughout the evening.



KEYNOTE SPEAKERS

Nate Boyer

Nate Boyer is what many would deem a renaissance man. The Army Green Beret is also a philanthropist, humanitarian, and former football player for the Texas Longhorns (despite never playing a down of organized football prior to the Special Forces), and later for the Seattle Seahawks becoming the oldest rookie in NFL history at age 34.



Being a member of both the military veteran and athlete community, he saw an opportunity to team up both populations to tackle their transition struggles together through his charity Merging Vets & Players (MVP). Boyer's belief that "Anything is Possible" has served him well throughout his life, and has made him especially fit to speak to finding one's passions and living with purpose. Nate currently works in Film and TV as a producer, director, actor, and host. Among several other projects, he currently produces and hosts the NFL Network show: Indivisible with Nate Boyer which features NFL cities, players, and community leaders across America, discussing issues relevant to their communities and how football unites us all to solve these problems.

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Thelma Stober

Thelma Pamela Stober, BA (Hons) Law, Postgrad Dip International Human Rights CEDR is a Solicitor and Commercial Mediator with extensive experience in the public sector. After practicing as a barrister at the Bar, she moved to the public sector as Head of Legal Services and Monitoring Officer at the London Borough of Hackney. Thelma has since served as Director of Legal and Procurement and Monitoring Officer at the Greater London Authority and the London Development Agency, where she played a leading role in the work to bring the 2012 Olympic and Paralympic Games to London and as Director of Corporate Law, Governance and Company Secretary at the Equality and Human Rights Commission where she led on a number of high-profile investigations and inquiries and legal actions.



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KEYNOTE SPEAKERS

Thelma played a key role in bringing the Olympic and Paralympic Games to London in 2012 and on the 7 July 2005 London Bombing she suffered serious life-changing injuries on her way to work. Since then, she has immersed herself in voluntary advocacy, mentoring and supporting families of victims and survivors of terrorism and recently other national disasters such as the Grenfell Tower fire in 2017. She campaigns and lobbies for the voice of victims of terrorism to be heard and speaks nationally and internationally for support for victims of terrorism.

As a member of the Home Office Victims Panel, Thelma played an influential role in the development of the Government's Victims Strategy which was launched in September 2018. She worked for many years with other victims and professionals on a UK draft legislation for the rights of victims of crime which got cross-party support.

In August 2019, Thelma was invited to speak at the United Nations conference for victims of terrorism and in August 2021, on "leave no victims behind". She has since been working with the United Nations Counter-terrorism unit to develop a legislative template for the rights of victims of terrorism to be adopted by all member nations.

Thelma is a Non-Executive Director of Catalyst Housing Group; a trustee of the London Emergencies Trust; the National Emergencies Trust; lay member and chair of Hertsvally CCG Primary Medical Committee, Remuneration Committee; Ambassador for the One Voice Project; mentor and patient and victims advocate.

Thelma is co-chair for Grenfell Memorial Commission, working with the community to develop a fitting memorial to honour the 72 people who lost their lives in the 2017 fire and was recently appointed as Deputy Lieutenant for Greater London.

Thelma is also an inspirational speaker at schools and mentors young people.

She is currently the Legal Adviser for the Local Government Association which represents Local Authorities and Fire and Rescue Authorities.

KEYNOTE SPEAKERS

Vladimir Voronkov

Mr. Vladimir Voronkov was appointed Under-Secretary-General of the United Nations Office of Counter-Terrorism on 21 June 2017, established by General Assembly resolution 71/291. Mr. Voronkov brings to the position more than 30 years of experience within the Foreign Service of the Russian Federation, working primarily on United Nations affairs, with responsibilities ranging from public diplomacy and social and economic development issues to intergovernmental affairs.



Prior to his appointment, he was Ambassador and Permanent Representative of the Russian Federation to the International Organizations in Vienna. Under his leadership, the Permanent Mission launched several flagship projects with the United Nations Office on Drugs and Crimes (UNODC) and developed successful collaborations with the UNODC Antiterrorist Branch. Mr. Voronkov also served on the Board of Governors of the International Atomic Energy Agency (IAEA), during which time he led several delegations of the Russian Federation to the Commission on Narcotic Drugs and the Commission on Crime Prevention and Criminal Justice.

Prior to serving in Vienna, Mr. Voronkov was Director of the Department of European Cooperation (2008-2011), during which time he served as the Head of the Russian Delegation during the Russia-European Union negotiations on the visa-free regime (2010-2011). He started his career with the Ministry of Foreign Affairs in 1989 and has served in various capacities, among them as Deputy Permanent Representative of the Russian Federation to the Organization for Security and Co-operation in Europe (OSCE) in Vienna (2005-2008), Deputy Director of the Personnel Department (2002-2005) and Minister Counsellor and Deputy Chief of Mission of the Russian Embassy to Poland (2000-2002).

Mr. Voronkov holds a Ph.D. from Moscow State University. He has authored various scientific publications on international issues.

EXPERT PANELISTS

Catherine Jaynes

Catherine Jaynes, Ph.D. leads organizations by developing robust strategies and providing guidance that improves outcomes. She intuitively understands the engagement and experience required to help nonprofits, corporations and philanthropists navigate challenging systems, measure program effectiveness and leverage data. As an inspirational leader, Catherine builds on research to create narratives that translate complex challenges into actions that help prominent leaders engage with their stakeholders.



As a Partner at Cicero Group, a privately held global management consulting firm, Catherine leads business development in the Social Impact practice area. In this role, she advises leaders as each makes decisions, engages with key stakeholders and collaborates with executive team members. She leads projects in expert interviews, quantitative analysis/modeling, and research. Respected as a credible voice in decision making, finding strategic partners, and establishing governance boundaries, Catherine uses her expertise and leadership when working with clients.

Previously as the Director of the Presidential Leadership Scholars and the Director of Research and Evaluation at the George W. Bush Institute, Catherine developed and executed national and international programs as well as leading the measurement and evaluation of the Institute's programs. Catherine's expertise extended beyond evaluation and included hands-on research of measurement strategies and policy development. She also engaged in the collection, analysis and use of programmatic data including outcome identification, survey design, module and overall program evaluations and annual grant reporting.

Understanding the possibilities and subsequent strategies of data evaluation, Catherine effectively communicated and led organizational initiatives with key Institute audiences including donors, partners, corporate sponsors, investor-foundations, policy-influencers, scholars and the general public.

Her background includes extensive experience in education and policymaking. As the Chief of Staff to the State Superintendent of Education (OSSE) in Washington D.C., Catherine oversaw all fiscal matters including the management of \$100 million in local and \$550 million in federal funding. Effective management of these funds was also supported by a staff of 360, which she oversaw.

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EXPERT PANELISTS

Building partnerships was a key to her success, and her thought-leadership helped evaluate mechanisms between the State Superintendent, State Board of Education, cabinet staff and elected officials.

Prior to her work at OSSE, Catherine worked at the National Academies of Science, National Research Council as a Senior Program Officer and at the U.S. Department of Education where she was the Deputy Assistant Secretary for Elementary and Secondary Education. There she formulated and executed policies related to the accountability and assessment provisions of NCLB across the 50 states and 2 territories, advised the Secretary and senior leadership on relevant research to inform Department policy decisions, and represented the Department in policy deliberations with Congressional members and staff.

Catherine believes that working in the community is equally rewarding. An active board member and volunteer, Catherine is a board member of My Possibilities and the Aged Women's Home of Georgetown, a sustainer of the Junior League of Dallas, a committee member of the Cattle Baron's Ball, and participates with organizations such as the Children's Medical Center and the Episcopal School of Dallas.

Catherine earned a Bachelor of Science and Doctor of Philosophy in Policy Studies from Vanderbilt University and a Master of Educational Administration from the University of Texas at Austin.

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Heidi Kraft

Heidi Squier Kraft received her Ph.D. in clinical psychology from the UC San Diego/SDSU Joint Doctoral Program in Clinical Psychology in 1996. She joined the Navy during her internship at Duke University Medical Center and went on to serve as both a flight and clinical psychologist. Her active duty assignments included the Naval Safety Center, the Naval Health Research Center and Naval Hospital Jacksonville, FL. While on flight status, she flew in nearly every aircraft in the Navy and Marine Corps inventory, including more than 100 hours in the F/A-18



Hornet, primarily with Marine Corps squadrons. In February 2004, she deployed to western Iraq for seven months with a Marine Corps surgical company, when her boy and girl twins were 15-months-old. Rule Number Two is a memoir of that experience.

EXPERT PANELISTS

Dr. Kraft left active duty in 2005, after nine years in the Navy. She currently serves as Chief Clinical Officer at PsychArmor Institute, a national non-profit that provides free online education for those who live with, care for, and work with military Veterans. She is frequently invited to speak at conferences and panels on combat stress, stigma and caring for the caregiver. She is a lecturer at San Diego State University, where she teaches Stress, Trauma and the Psychological Experience of Combat, Health Psychology, Abnormal Psychology, and Infant and Child Development. Dr. Kraft lives in San Diego with her husband Mike, a former Marine Harrier pilot. Her twins Brian and Meg, who have no memory of their mother's time in Iraq, are college freshmen now.

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Denise Lifton

Ms. Denise Lifton is Chief of Section, Pillars I & IV (Prevention Section), in the United Nations Counter-Terrorism Centre (UNCCT), in the United Nations Office of Counter-Terrorism (UNOCT). Her role is to oversee the Centre's Global Programmes on Preventing and Countering Violent Extremism, Prosecution, Rehabilitation and Reintegration and Victims of Terrorism Support. She is the former head of the Victims of Terrorism Unit, which coordinates work on victims of terrorism for UNOCT and across the UN system which involves providing a platform for victim's



voices and advocating with Member States and the international community to protect and promote the rights of victims and support their needs. Prior to joining UNCCT, Ms. Lifton worked for over 10 years with the United Nations in the field in a variety of capacities, including: Head of the Child Protection Unit in Darfur where she established 3 child protection offices across Darfur, Sudan, Head of the Human Rights Unit and Head of Protection of Civilians Unit in Afghanistan where she actively lobbied and monitored human rights violations by all parties to the conflict. Ms. Lifton also worked for several human rights non-governmental organizations, including as a researcher for East Africa for Amnesty International and Advocacy head for FHRI, a Ugandan NGO, and undertook several major consultancies on human rights, including as Human Rights Advisor to the EU in Sudan.

Ms. Lifton holds an MSc. in International Relations from Southampton University and a BSc. in Organization Behaviour from City University, in the United Kingdom.

EXPERT PANELISTS

Amy O'Neill

Amy C. O'Neill, MS, LPC, is a survivor of the 2013 Boston Marathon Bombing, a Stakeholder for the National Mass Violence and Victimization Resource Center, a Licensed Professional Counselor, Adjunct Instructor, and in the consultant network for the Office of Justice Programs; Office for Victims of Crime TTAC and VOCA TTAC. Additionally, she is a member of the Crisis Emotional Care Team for Vibrant Emotional Health, the STOP (Survivors of Terrorism Outreach Program) team for Tuesday's Children, and the host of the Trauma Impact Podcast. Ms. O'Neill's combination of personal and professional experience with trauma and recovery provides a unique insight into the recovery process for victims and survivors of mass violence and terrorism. Her professional counseling experience, paired with her understanding of her victimization and engaging with victims and survivors worldwide, has culminated in a global perspective of the trauma impact and complicated healing process.



Ms. O'Neill holds a Bachelor of Science degree from Old Dominion University in Norfolk, VA. A Master of Science degree in Counseling Psychology from Chestnut Hill College, Philadelphia, PA, and a 12-credit post master's certificate in Counseling Psychology from Chestnut Hill College. Ms. O'Neill is currently studying in the Doctor of Psychology program at Holy Family University, Philadelphia, PA

EXPERT PANEL MODERATOR

April Naturale

April Naturale, PhD, is a traumatic stress specialist with 30 years of experience as a health/mental health care administrator, and a clinician specializing in response to traumatic events.



Dr. Naturale directed the New York State mental health response to 9/11, served as project director for the Substance Abuse and Mental Health Services Administration's Disaster Technical Assistance Center (SAMHSA DTAC), helped launch the National Suicide Prevention Lifeline, the BP Oil Spill Distress Helpline and the National Disaster Distress Helpline. She was the architect of the Boston Marathon Bombing Behavioral Health response has been the program consultant for the San Bernardino terror attack and the TN Christmas Day bombing as well as the Las Vegas Harvest Festival, Pulse Nightclub, Parkland, Thousand Oaks, Pittsburgh Tree of Life, Virginia Beach, El Paso and Highland Ranch shooting incidents.

For the past five years she has trained Psychologists in the Ukraine Military Service, Humanitarian Aid workers for the European Union and recently helped launch the new European Centre of Expertise for Victims of Terrorism. Dr. Naturale has returned to Vibrant Emotional Health as the AVP of National Crisis and Wellness Services.

SURVIVOR PANELISTS

Eugene Belilovsky

I was born in Kiev, Ukraine and moved to the United States with my family when I was about four and a half years old. I lost my mom Yelena Belilovsky in the 9/11 attacks when I was about thirteen years old.

I majored in Industrial and Labor Relations at Cornell University and International Management at Oxford Brookes University. I spent some time working in the medical field, more on the business/research side, but after some time I found that I didn't feel like what I was doing was a good fit for me, and I decided to go back to school to try get into the mental health field. I currently work as an integrative counselor/therapist.

I specialize in integrating a combination of training in mind-body counseling, personal life experience, studies and experience in the business world, health coaching, and spirituality in order to work with clients in an empathic, holistic and non-judgmental manner. I strive to help them overcome their struggles and to create powerful change in their life so that they may fulfill their highest potential. I believe that gaining insight into one's self is key to flourishing mental health and self-actualization. Also, I am welcoming to communities such as LGBTQ, poly, kink, asexual, open relationship, and sex workers, to name a few.

I intuitively employ approaches such as Cognitive Behavioral Therapy (CBT), Eye Movement Desensitization and Reprocessing (EMDR), mindfulness & awareness practices, and Transpersonal/spiritual approaches according to the unique needs of my clients. In addition, I offer a compassionate presence and reverence to the innate wisdom held within each of us.

I am trained in administering EMDR virtually through EMDRIA for the treatment of PTSD and beyond. I offer a progressive international perspective thanks to my experience of living and studying abroad and am a MBACP of the British Association for Counselling and Psychotherapy. Aside from psychology and mental health, some of my other interests include tennis, skiing, travelling, scuba diving, photography, and martial arts.

In addition to English, I am fluent in spoken Russian and have a basic conversational level in Spanish.



SURVIVOR PANELISTS

Heather Dearman

Heather Dearman is a Civil Service Specialist at the City of Aurora and a Chairperson at the 7/20 memorial foundation and Spirit of Aurora. Heather's cousin Ashley was paralyzed in the July 20, 2012 Aurora Theater Shooting. Ashley's unborn child and 6-year-old daughter Veronica were also killed. Heather was inspired to join the foundation in 2015 after experiencing the love and compassion the community displayed at her youngest daughter's lemonade stand fundraiser for the theater shooting memorial.



For the following 3 years, she helped lead fundraising efforts for the permanent memorial, and in July of 2018, the permanent memorial "Ascentiate" was installed. Heather and her board are now focused on providing support across the nation to communities who have experienced similar tragedy, through their paper crane peace project. They have grown into an organization of advice and guidance for other communities, as well as advocating for long-term needs of survivors with other like-minded organizations. Heather also works closely with Aurora's police officers and firefighters in her role with the city of Aurora's civil service commission. Her connections with first responders, victims, survivors, and communities who have experienced tragedy propel her passion for proving that there is more love in the world than hate.

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Amy Dozier

Amy Dozier is the surviving spouse of SSG Jonathan K. Dozier, who was killed in action on January 9, 2008. Their daughter Emma had just turned one when Jon died. Through the years, Amy found a sense of great purpose in sharing her experience as a military widow and new mom, while also keeping Jon's legacy alive for his daughter. Amy ultimately became a strong advocate for purposeful grief journeys and post-traumatic growth in the military family unit.



As she continued working with other families of the fallen, she became deeply impacted by the mental health disparities in the military. She joined Stop Soldier Suicide in February 2021 where she utilizes her strengths and compassion to drive the mission of disrupting military suicide through specific postvention efforts. Amy holds a Master's Degree in Community Service Management and more recently became a Certified Clinical Trauma Specialist. Her greatest passion comes in empowering others to use their story for good. She is thrilled to be a part of the Tuesday's Children panel discussion on resilience!

SURVIVOR PANELISTS

Reid Orlando

Reid Orlando graduated Cum Laude in 2019 from SUNY Oswego in broadcasting and communications.

He grew up in New City New York (Rockland County) with a single parent, Pamela Orlando. Reid currently works for Medix, a medical staffing company, where he serves as an account manager, managing more than 25+ people who work in various health care organizations.



SURVIVOR PANEL MODERATOR

Monica Meehan McNamara

Project COMMON BOND Director of Curriculum

Monica Meehan McNamara recruits and trains the Project COMMON BOND Facilitation staff, and facilitates a participant group and staff groups. Monica is a Family Therapist in private practice in Boston, MA. She works with individuals, couples and families. Monica is a consultant to the Course on Negotiation at Harvard Law School. She also provides consultation and training for the Mentoring Program in Deer Isle, Maine. Monica holds a BA from Tufts University and an MA from New York University.



She has postgraduate certificates in Movement Analysis from the Laban Institute, NY; in Family Therapy from Family Institute of Cambridge, MA; and in Trauma Work from Bessel van der Kolk's Trauma Center in Brookline, MA.

NETWORKING ROOM MODERATORS

Maria Collins

Maria Collins is the current vice president of the New York Life Foundation, the charitable foundation created by New York Life Insurance Company. In addition to her Foundation duties, Ms. Collins is also corporate vice president of New York Life's Corporate Responsibility Department. Ms. Collins assists with the developing and managing the national grants, and grantmaking strategy. In addition, she provides leadership to support initiatives of the corporate responsibility department.



Ms. Collins joined the company in 2000 as the program manager of the community service program. Since then, she has held positions of increasing responsibility including developing and managing the company's national community service program, managing and enhancing all of the employee engagement programs, disaster relief program administration and responsible for the corporate grantmaking portfolio.

Ms. Collins earned a Bachelor of Arts degree from Fordham University and earned a Masters of Social Work from New York University. She currently resides in River Vale, NJ with her husband and their two sons.

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Jo Dover

Ms. Jo Dover has been working for the past 25 years with people affected by conflict, war and terrorism. She has provided support to victims and survivors of 9/11, Boston, the Northern Ireland 'Troubles', the 2005 London bombings and other attacks in the UK, Europe, the Middle East, Asia and Africa and has also worked with former military personnel and former combatants of armed conflict, political violence and terrorism. She has helped people to transform their experience into something positive, by exploring what happened, addressing their trauma, understanding the wider context and how they can use their experiences to help people in other communities and violent conflict situations. She is currently providing consultancy services to the UN Office of Counter-Terrorism. Jo has her own consultancy company and is currently providing her services to the United Nations Office of Counter-Terrorism's Global Victims of Terrorism Support Programme, developing guidance, providing technical assistance to Member States, assisting victims to develop their narratives, and working on the annual International Day of Remembrance of and Tribute to the Victims of Terrorism, and the UN Global Congress for Victims of Terrorism.



Jo is an Honorary Research Associate at the University of Liverpool, a member of the Advisory Board for the EU Centre of Expertise for Victims of Terrorism, and a Fellow of the UK Institute of Welfare.

NETWORKING ROOM MODERATORS

Leo Flanagan

Leo F. Flanagan, Jr., Ph.D. has more than 30 years of experience in studying and developing resilience. He has deep expertise in developing resilience at the individual, team, organizational and community level. He has responded to numerous disasters including 9/11, the Sandy Hook Newtown Shooting, Hurricane Sandy, and the Moore, OK EF-5 tornado. In the aftermath of 9/11 he developed and facilitated programs for First Responders serving over 300 of those who served at Ground Zero.



He led the development of a county's first psychiatric emergency service working with numerous hospitals, the judicial system and 44 police departments to ensure those experiencing emotional, mental and family crises received the appropriate services.

In addition to his work in trauma and disaster response Leo has deep expertise in the corporate sector. He crafts and activates business transformations by integrating human capital, innovation, and customer loyalty strategies. He has held senior level corporate positions at Merrill Lynch, Willis Holdings and The Forum Corporation. He consults across a wide range of industries including digital media, consumer goods, financial services, hospitality, healthcare, manufacturing, and technology.

His brand of business transformation is fast, lean, practical and integrated with - not burdened on - the business. His work produces a true ROI. Double-digit increases in revenue, customer loyalty and employee engagement and reductions in cost are trademarks of his leadership. One leading financial services company recently calculated the ROI from his work at 67:1. The CFO of a major bank cited his work as more valuable than a \$1bn acquisition with an 18% ROE.

Leo is a guest lecturer at Penn State, University of Notre Dame, Cal Tech and Carnegie Mellon. At Carnegie Mellon, he is a faculty member and coach in The Advanced Leadership Institute. The Academy prepares high-potential African Americans for advancement.

Early in his career, Leo was a faculty member at Cornell University's, School of Industrial and Labor Relations.

Always active in philanthropy and volunteer work, Leo currently is on the Board of Tuesday's Children, an advisor to Children's Learning Centers of Fairfield County and a member of Ministry to the Homeless. Leo earned his Ph.D. at City University of New York, his M.A. at Hunter College and his B.A. at Fordham University. Leo and his wife Maureen have four daughters. They also share a passion for travel as well as skiing, tennis, and sailing. Leo is also an avid fisherman.

NETWORKING ROOM MODERATORS

Liz Zirkle

Liz Zirkle, Director of Tuesday's Children's Gold Star Family Programs, graduated from Rockhurst University in Kansas City, MO. Liz has considerable experience understanding and responding to the in-depth needs of military Gold Star families.



Liz is knowledgeable about issues impacting military children and families—including post-deployment stressors, long-term reactions to traumatic loss, and U.S. Veteran's Administration benefits available for military families. She has consulted with the UN on issues impacting U.S. victims of terrorism. Liz serves as Tuesday's Children's primary point of contact for military family members and the Department of Defense.

Liz is Gold Star Spouse to Air Force Major Steven Zirkle and Blue Star Mother to a Marine 1stLt currently stationed overseas.



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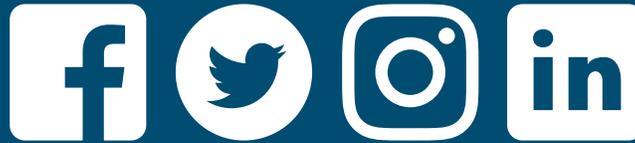
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