



team tuesday's ENDURANCE SUMMER 2025 *buzz*

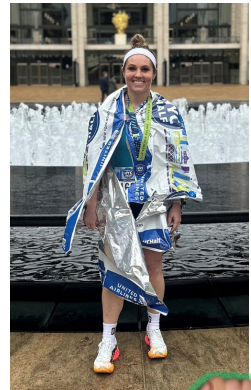
Team Tuesday's is the flagship endurance program for Tuesday's Children that raises money to support a lifetime of healing for families that have been forever changed by trauma and loss. Tuesday's Children is a 501(c)(3) organization, and all monetary donations are tax deductible to the fullest extent allowed by law.

Pictured: Susan Teitell,
London Marathon Finisher

2025 Team Tuesday's Spring Accomplishments

A GIANT congratulations to our 2025 NYC Half Marathon and 2025 Five Boro Bike Tour FINISHERS!

We continue to make strides with our fundraising, and Team Tuesday's has a huge impact on raising awareness for our Tuesday's Children programs. These teams raised a combined \$20,000!



Blake Von Hein completes Ironman Texas 2025 & raises over \$4,000 for Tuesday's Children

Blake's journey to the Ironman was deeply personal, rooted in resilience, and inspired by tragedy. When he first saw an Ironman ad in 2020, something clicked. He knew then and there he would take on the challenge. The Ironman mantra echoed in his mind: "To accomplish something extraordinary, one must have an extraordinary dream." That dream took shape through a powerful connection to a cause close to his heart. Witnessing the meaningful work of Tuesday's Children through his friend and Junior Board member, Reid Orlando, Blake was inspired to become part of this resilient community. Turning pain into purpose fueled his determination to complete the Ironman.

Thank you, Blake, for your incredible dedication and strength in completing Ironman for a cause greater than yourself. Your determination and grit have not only carried you across the finish line but also made a meaningful impact.

[Read the full story by Ryan Orlando here.](#)



Good Luck Team Sydney & Team Berlin!



We are thrilled to be part of the first-ever official charity partnership with the 2025 TCS Sydney Marathon - now the 7th Abbott World Marathon Major!

5 Team Tuesday's runners are set to take on the challenge in August.

Four Team Tuesday's runners will be headed to Berlin in September to take on this historic course. This is the 8th time that Team Tuesday's is a charity partner in the BMW Berlin Marathon.

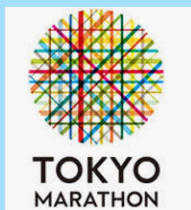


Race Spotlights: Cape Town & Tokyo



Cape Town Marathon has just been named the Abbott World Majors 8th Candidate! Tuesday's Children is excited to announce our charity partnership and share this NEW iconic marathon opportunity for Team Tuesday's. 2026 Cape Town Marathon is on May 24, 2026. Plenty of time to train, but very limited charity spots available.

We're accepting applications for our other new charity partner: 2026 Tokyo Marathon! The race is on March 1, 2026 - time to get your application in!



DIY Challenge: Choose your own race or event!

Team Tuesday's "Do It Yourself" option is the perfect way to support the Tuesday's Children community from wherever you are!

HOW IT WORKS:

Walk, run, cycle, swim, paddle, hike, ruck, even Peloton - You choose the activity!

SIGN UP for your event. We will help you set up your personalized fundraising page, get you started on training, and connect you with the Team Tuesday's community.

RAISE FUNDS: Choose your fundraising goal and earn incentives and milestone prizes!

For example, you can sign up for the 2025 Marine Corps Marathon on Oct. 26, 2025.



Set your fundraising goal, and Team Tuesday's will provide training and fundraising support leading up to the race.

Bonus! We now offer race registration fee reimbursement for DIY events.

Looking Ahead: Join Team Tuesday's

Charity bibs are increasingly popular as these races sell out quickly to the general public. Make your miles more meaningful with Team Tuesday's!

2025 Dublin Marathon | Oct. 26, 2025

Spots available!

2025 NYC Marathon | Nov. 2, 2025

SOLD OUT

2025 Honolulu Marathon | Dec. 14, 2025

Spots available!

2026 Tokyo Marathon | Mar. 1, 2026

Accepting applications!

2026 London Marathon | Apr. 26, 2026

Accepting applications!

2024 Cape Town Marathon | May 24, 2026

Accepting applications!

2026 NYC Marathon | Nov. 1, 2026

Accepting applications!

If you are interested in participating in any of our races, contact Keri, Endurance Program Director, at Keri@tuesdayschildren.org.

Let's Connect!



@TuesdaysChldrn



@TuesdaysChildren



@Tuesdays-Children

If you have questions about Team Tuesday's contact Keri, Endurance Program Director:

keri@tuesdayschildren.org or visit: tuesdayschildren.org/endurance