



team tuesday's

## TEAM TUESDAY'S 2023 SPRING BUZZ

*Team Tuesday's is the flagship endurance program for Tuesday's Children that raises money to support a lifetime of healing for families that have been forever changed by terrorism, military conflict or mass violence. As a 501(c)(3) organization, all donations made to Tuesday's Children are tax-deductible within legal limits.*

### Reflecting on Global Running Week!

In the last few months, our Tuesday's Children community has brought together sports enthusiasts for several events filled with camaraderie and friendly competition while raising critical dollars for our mission.

Our 1<sup>st</sup> Annual Fighting for the Families of the Fallen Boxing Event was a phenomenal success raising over \$170,000 for Tuesday's Children programs that support Military Families of the Fallen. It was a picture-perfect, remarkable day for our golf enthusiasts at our 8<sup>th</sup> Annual Golf Classic at Nassau Country Club, which raised over \$117,000.



*Pictured Above: Team Tuesday's  
Steve Nikorak & Sue McDermott,  
2023 NYC Half Marathon Finishers*

Texas 'Sporting' Tuesday's



*If you are interested in sponsoring or attending one of our New York City area events, please contact [kristen@tuesdayschildren.org](mailto:kristen@tuesdayschildren.org). For Texas-based events, please contact [patty@tuesdayschildren.org](mailto:patty@tuesdayschildren.org). Family engagement events are open to enrolled Tuesday's Children family members.*

## Children Families and Supporting Programs

This past spring, our local Dallas, Austin, Fort Hood and San Antonio families were invited to celebrate at the Dallas Stars Hockey, the San Antonio Spurs Basketball, XFL Football San Antonio Brahmas and the XFL Championship Game. We look forward to creating lasting memories with our partners: the San Antonio Missions Baseball Team, Austin Rowing Club and PLL Premier Lacrosse League in Dallas, TX and Seattle, WA.

## Team Tuesday's Hits the Ground Running!

A HUGE congratulations to our **2023 Half NYC Marathon & 2023 London Marathon FINISHERS!** Both races were hit with frigid temps, gusty winds and rain; but that didn't stop our determined runners from finishing strong and proud! Together the teams raised a combined **\$60,000!**



## Top 3 Fundraisers for 2023 Team Tuesday's NYC Half:

1. Ryann Coughlin – \$3,000
2. Sal Pepe – \$2,530
3. Markus Fallico – \$2,450

## Top 3 Fundraisers for 2023



## Team Tuesday's London Marathon:

1. Mary Lynn – \$5,324
2. Chris Hollingsworth – \$3,800
3. Amir Bather – \$3,800



## Team Tuesday's NYC Spring Runner Spotlight

### Meet Sal Pepe, 9/11 Family Member & 2023 NYC Half Marathon Finisher

*"Tuesday's Children has had a profound impact on my life by connecting me with other families affected by 9/11, terrorism or military violence. These events can often be very isolating and damaging but the community that TC has built has been incredibly powerful not only for me but for my family as well who feel the impact of the loss."*

*"My mother shared TC with me when I was in middle school and encouraged me to attend Project COMMON BOND when I was in high school. It was truly a formative experience being able to share a community and space with other people my age who had experienced similar or the same challenges that I had. Since that summer I've stayed connected with many of the wonderful individuals that I was fortunate to have met."*

Click [HERE](#) to learn more about Project COMMON BOND.



*"I have been running for the last 8 years of my life through high school and college and am grateful to have a place where I can continue running – now with a greater purpose."*



## FIVE BORO BIKE TEAM: PEDAL WITH A PURPOSE

On May 7<sup>th</sup>, over 30,000 cyclists from all over the world shared the streets of New York City!

Our Team Tuesday's Bike Team conquered all of New York's five boroughs and crossing five major bridges – all while raising over \$14,000!



THE WEALTH ALLIANCE

We wanted to give a special shoutout to [The Wealth Alliance](#), our corporate **Five Boro Bike Team**, who rallied together and showed us what true camaraderie and community is about. We truly appreciate our bike captain, Diane Marcin. If you would like to learn more about The Wealth Alliance, click [HERE](#).



## Honor the Fallen: Memorial Day Weekend Virtual 5k Challenge

We are truly grateful for our Honor the Fallen MDW Virtual 5k supporters, especially our corporate sponsors:

[Core One](#)

[Societe Generale Veterans Network](#)

Pictured above: Brothers  
Troy & Bradley Moody,  
Team Tuesday's NYC Marathoners!

[Teledyne FLIR](#)  
[Tradeweb](#)



## Announcement: NEW Charity Partnerships!

We are proud to announce that Tuesday's Children is now an official charity partner in the **2023 NYC Triathlon** and **2023 Honolulu Marathon**. Both races will sell out fast!

### 2023 NYC Triathlon

Race Date: October 1<sup>st</sup>, 2023

The NYC Triathlon is the nation's premier triathlon, with a course that includes a 1.5k swim with a fast current in the Hudson River, a 40k bike ride up the Hudson Parkway into the Bronx and finishing with a 10k run in the heart of Central Park.



### 2023 Honolulu Marathon

Date: December 10<sup>th</sup>, 2023

The Honolulu Marathon begins on Ala



Moana Boulevard and finishes in Kapiolani Park, 100 yards from the ocean! The Honolulu Marathon is the fourth largest marathon in the United States and is arguably one of the most spectacular, most gorgeous courses in the world.



## Looking Ahead: Team Tuesday's 2023 events!



### 2023 NYC TRIATHLON

**\*FEW SPOTS LEFT\***

### 2023 BMW BERLIN MARATHON **\*SOLD**

**OUT\***

### 2023 TCS NYC MARATHON

**\*SOLD OUT\***

### 2023 HONOLULU MARATHON

**\*SPOTS AVAILABLE\***

### 2024 LONDON MARATHON

**\*INQUIRE ABOUT WAITLIST\***

### 2024 NYC MARATHON

**\*INQUIRE ABOUT WAITLIST\***

### 2024 NYC HALF MARATHON

**\*INQUIRE ABOUT WAITLIST\***

*Pictured: Katy Probst, 2023 NYC Half Marathon Finisher*

Our charity bibs are growing increasingly popular. All of the races listed above sell out quickly to the general public. If you are interested in participating in any of our races, please contact [keri@tuesdayschildren.org](mailto:keri@tuesdayschildren.org)

## Rise Up & Remember Virtual 9/11 5k Corporate Opportunities Race Date: September 8th – September 11th, 2023

The Rise Up & Remember Virtual 5k provides corporations with an opportunity to unite through a collective team experience and support Tuesday's Children's mission. You can motivate your colleagues to participate in a cordial office rivalry or strengthen your team's bond by organizing an outdoor walk. To find out more about our corporate offerings, please contact [amy@tuesdayschildren.org](mailto:amy@tuesdayschildren.org).



## NEW: DIY – Choose your own race or event in 2023!



**Team Tuesday's DIY option is a great way to Make Your Miles More Meaningful!**

### How It Works:

Walk. Run. Cycle. Swim. Paddle. Hike. Ruck. Even Peloton.

### Choose Your Activity, Race or Event:

Sign up and we will register your personalized fundraising page.

### Raise Funds:

Choose your fundraising goal and earn incentives and milestone prizes based on the amount you raise:

- Official Team Tuesday's Race Jersey or Finisher shirt!
- Official Tuesday's Children Merch

### Tuesday's Children Junior Board

Our Junior Board is a great community of young professionals that help raise awareness for Tuesday's Children and not to mention – have fun parties! Please contact



[amanda@tuesdayschildren.org](mailto:amanda@tuesdayschildren.org) if you would like more information.

*Pictured: 2023 Junior Board Kentucky Derby Party in New York City*

## 2023 Spring Feedback: Hindsight is 20/20

As we continue to grow our Endurance Program, please reach out to [keri@tuesdayschildren.org](mailto:keri@tuesdayschildren.org) with feedback/thoughts/concerns/constructive criticism.

Join Team Tuesday's

Over more than two decades, Tuesday's Children has served 50,000+ children and families across 35 countries. Our mission is to provide a lifetime of healing for families who have been forever changed by terrorism, military conflict or mass violence.

Join Our Mission

By supporting Tuesday's Children, together we can transform tragedy and pain into hope, purpose and long-term healing.

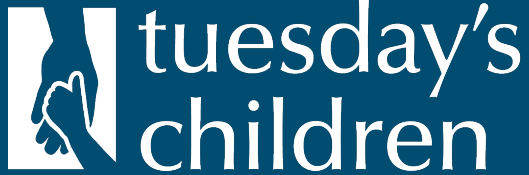


## Ways to Get Involved

- [Make a donation](#)
- [Host a Facebook fundraiser](#)
- [Select us as your charity on AmazonSmile](#)
- [Shop for good with Tuesday's Children](#)
- [Run for a cause with Team Tuesday's](#)
- [Contact us to volunteer or learn more](#)
- Share our posts on social media







Give with confidence to Tuesday's Children.  
82 cents of every dollar go directly to support our resilience-building programs.  
We are proud to be a four-star charity.



Tuesday's Children | 390 Plandome Road , Suite 215, Manhasset, NY 11030

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