

### OUR MISSION

Tuesday's Children provides a lifetime of healing for families whose lives have been forever changed by terrorism, military conflict, and traumatic loss.

Tuesday's Children provides a mentoring program for Gold Star children and siblings, regardless of circumstances of loss, designed to be a resource for interested families of children 6-18\* years old. Experts in the field of child development, grief/bereavement and child safety have guided Tuesday's Children to build a well-established and highly impactful Mentoring Program that can change the trajectory of your child's life. Mentors can offer advice, share life experiences, help a young person navigate challenges and have fun! Volunteers are recruited, screened, trained and managed/supervised by professional staff to safeguard that every adult is committed to and qualified for playing an active role in the nurturing of a child. We will work with Gold Star families such as yourself to ensure that both you and your child are prepared for the commitment to the Mentoring Program. Matches between a mentor and a child are made based on common interests, personality traits and similar schedules.

\*Recommended enrollment years are 6-16 years old.



#### WHAT IS THE BENEFIT OF A MENTOR:

Studies show that mentoring in youths reduces their risk of participating in risky behaviors, lessens depressive symptoms, can reduce truancy and children with Mentors are more likely to participate in extracurricular activities. Mentoring promotes positive social attitudes and children tend to have a higher level of trust with their surviving parent.

#### WHAT ARE NEXT STEPS/WHAT YOU CAN EXPECT:

Contact our Mentoring program at [mentoring@tuesdayschildren.org](mailto:mentoring@tuesdayschildren.org) to start this exciting process! Or simply fill out our [application form](#) and a staff member from Tuesday's Children will contact you to answer your questions and plan a time to connect by live chat. Conversations with staff are so we can learn more about you, your family and what you are looking for in a mentor. You will be kept updated as Tuesday's Children uses our internal channels to find the right fit, in a mentor, for your child.

