



# Military Initiative

## **ABOUT TUESDAY'S CHILDREN**

Tuesday's Children provides a lifetime of healing for those whose lives have been forever changed by terrorism, military conflict or mass violence. Through a time-tested, long-term approach, Tuesday's Children programming serves and supports our nation's military Families of the Fallen; builds resilience and common bonds in communities worldwide recovering from tragedies; and keeps the promise to support all those impacted by Tuesday, September 11th.

**Experience:** No other organization has the experience of Tuesday's Children in providing a broad range of longterm support programs for over 18 years to communities impacted by traumatic loss.

## **TUESDAY'S CHILDREN'S MILITARY INITIATIVE**

Tuesday's Children's Military Initiative guides Families of the Fallen beyond grief into next steps toward a lifetime of healing. Our work fills the gap in available long-term healing programs for U.S. Military Families of Fallen.

# Programs for Families of the Fallen

## **CREATIVE INSIGHT**

Our renowned Creative Insight program is based on the distinguished Creativity in Business course at Stanford University. The program enables individuals to discover and utilize their creative potential, encourages innovative problem-solving and provides the tools needed to face challenges and experience more fulfilling lives.

## **HEART TO HEART**

Heart to Heart retreats build resilience for participants and foster long-term healing. They make connections, learn ways to navigate challenges, discover resources that aid in healing and have a "time out" to refresh their minds. Tuesday's Children hosts a retreat for military widows and a separate retreat for Gold Star Moms.

## **FAMILY ENGAGEMENT EVENTS**

Tuesday's Children holds family engagement events, such as fishing trips, sports games and more, in various locations to enhance resilience by building relationships among families. These events create positive new traditions, and introduce Tuesday's Children's programming for future participation.

## **HELPING HEALS**

These programs are designed to give teens and adults the opportunity to give back. Giving back to others helps improve mental health, self-esteem, emotional well-being, and life satisfaction.

(MORE PROGRAMS ON REVERSE SIDE) →

## **OUR MISSION**

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## Programs for Families of the Fallen

### YOUTH MENTORING

Youth Mentoring is designed to encourage and support mutually beneficial relationships between adult role models and children ages 6-18. These relationships enable children to grow emotionally and socially, build resilience and develop coping skills while encouraging them to make healthy choices.

### CAREER RESOURCE CENTER

Our Career Resource Center provides career and college planning services that help prepare adolescents for college and careers through interactive workshops, seminars and leadership development programs to enhance life skills, social connections, leadership development, college preparation and career guidance.

### PROJECT COMMON BOND

Project COMMON BOND brings together young adults, ages 15-21, from around the world who share a 'common bond' —the loss of a family member related to terrorism, violent extremism, conflict or US military service. Participants build friendships, collaborate to promote the dignity of all, learn conflict negotiation and peace-building skills, all to create positive change in their lives and communities. An extension of the summer program, the winter session focuses on conflict resolution and negotiation.

**For more information, please visit [tuesdayschildren.org](http://tuesdayschildren.org) or call 212-332-2980.**



**"It's organizations like Tuesday's Children that have allowed the young men and women of our armed forces for the last 15 years to make me extraordinarily proud. Tuesday's Children is about resilience, it's about enabling people to overcome extraordinary tragedy. There's a motto in the Marine Corps, 'Semper Fidelis.' It stands for 'Always Faithful.' That's Tuesday's Children — always faithful."**

— General Joseph Dunford,  
Former Chairman of the Joint Chiefs of Staff

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### FEATURED IN

The New York Times



WSJ



People



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