

Gold Star Moms Retreat

A weekend of hope, healing and lifelong friendship



ABOUT US

Through a time-tested, long-term approach, Tuesday's Children programming serves and supports our nation's military Families of the Fallen; keeps the promise to support all those impacted by 9/11; and builds resilience and common bonds in communities worldwide recovering from tragedies.

Tuesday's Children knows first-hand that healing from significant and traumatic losses takes a lifetime—our programs, by design, engage families and children throughout their post-loss journey and guide them to resilience and post-traumatic growth.

THE PROGRAM

Tuesday's Children's Gold Star Moms Retreat is an intimate four-day retreat where Military Gold Star Moms come together to build resilience and strength through sessions focused on dignity and self-care. Participants establish lasting friendships and bonds through their shared experiences, learn strategies to overcome challenges, discover resources to reinforce resilience and grant themselves time in order to recuperate.

That complete strangers, grieving in many different and yet the same ways can come together to form a bond of encouragement and hope guided by a compassionate and welcoming organization, brings hope that the world is still a place of love, care and safety.

Our time-tested, long term approach – forged in the aftermath of 9/11 – enables families and communities torn apart by tragedy to heal, recover, and thrive for a lifetime.

The retreat had a deep emotional impact me. Everyone involved was welcoming and thoughtful. Everyone in our situation could gain so much from this experience!



To get involved, please visit www.tuesdayschildren.org or call us at 212.332.2980.