

## First Responder Programs for 2010

### Methodology

Tuesday's Children will provide outreach and engagement opportunities to at least 1,500 New York Metropolitan area Rescue and Recovery workers, and comprehensive, direct services to at least 500 over a three year period through a program called 9-11 Responder Institute.

Initially, outreach and engagement events that are social/recreational will be planned to attract and engage the target population, followed by needs assessment and provision of programs, direct services and referrals over a three year period. Eligibility for services is determined by residency within our service area and verifiable employment or volunteer status with a Rescue and Recovery organization. Registration with the World Trade Center Health Registry is also acceptable proof of eligibility.

### **Outreach and Engagement**

For this program, Tuesdays Children will secure a full-time program manager with unique expertise with Rescue and Recovery workers. Our preference is for a retiree from the uniformed or non-uniformed groups with strong communication skills, prior community building experience, and administrative abilities. Because of our long history with spouses and children of 9/11 victims, we have developed relationships with many community organizations that can help us identify and reach out to the Rescue and Recovery population. Advisory board members are also helpful in this regard. However, we have found that social/recreational events are **essential** for participation, and must be offered regularly, to attract and engage our target populations. This strategy is even more important for Rescue and Recovery workers.

Outreach events during 2008 and 2009 have included a Shea Stadium family day, a Columbia University football game, a family fishing trip, a St. John's University basketball game, and a Mets Meet and Greet family event. A total of four hundred and fifty rescue and recovery workers and their families attended, and are now enrolled in our 9/11 Responder database.

Through a combination of donated tickets, purchased tickets, and vendor discounts, the 9-11 Responder Institute has the capacity to provide at least four family-oriented events each year for three years that will result in 1,500 unduplicated Rescue and Recovery workers being enrolled in our database, receiving information about our programs and workshops regularly. These activities will be more concentrated in year one to insure that a critical mass of workers has been secured for programs and workshops in subsequent years.

Once Rescue and Recovery workers are enrolled in our database, they will be kept informed of

existing resources and services that they may be eligible for, such as:

- The World Trade Center Medical Monitoring Programs, with clinics at Queens College in Flushing, SUNY at Stony Brook, Long Island, Mount Sinai Center in Manhattan, Bellevue Hospital in Manhattan, and the University of Medicine and Dentistry of New Jersey
- New York State Psychiatric Institute Center for Trauma and Stress at Columbia University in Manhattan which focuses on treatment of PTSD.
- New York City Department of Health Benefit Program for Mental Health and Substance Abuse problems of 9/11 workers or residents of the World Trade Center area

**Become a Member of the Tuesday's Children First Responder Alliance.** Send us an [EM AIL](#) or call us on +1 516.562.9000

### **Additional Information**

[First Responder Alliance](#) | [Needs of Responders](#) | [Services for First Responders](#)