

To all those that know me,



On Sunday 6th November 2011, I will be running the ING New York City Marathon....for those of you that know me well I was never built for speed....so what made me sign up?

Well this year commemorates the 10th anniversary of 9/11. Some of the simple shocking facts really hit home:

- 3,051 kids lost a parent during the terrorist attacks of September 11th
- Average age was 8 years old
- 1,609 lost a spouse or partner
- Enormous physical and mental health problems for people caught up in incidents as well as recovery teams

I'm sure you can remember what you were doing on that fateful day. Well there have been over 100,000 fatalities due to terrorism since 2001.....many unfortunate people who just happened to be in the wrong place at the wrong time.

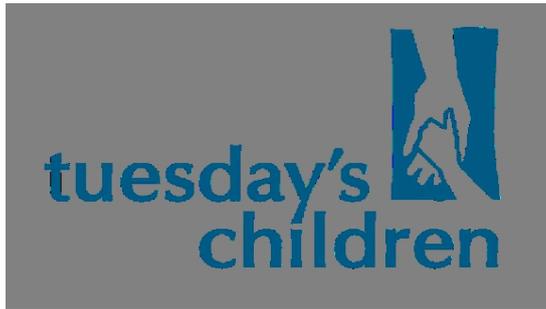
By chance I discovered ***Tuesday's Children***, a non-profit family service organization that has made a long term commitment to every individual impacted by the events of 9/11 and more recently those who have been impacted by terrorist incidents worldwide.

They provide unique family counseling, support and mentoring programs, in addition to the First Responder Alliance and Project COMMON BOND which has hosted teenagers from; Argentina, England, Ireland, Israel, Liberia, Palestine, Russia, Spain, Sri Lanka and the United States.

I've started my training follow me on twitter @barrykrichards to keep up to date. My aim is to raise \$2,500 to support this great cause and every little bit helps. Sign up your support today, keep me motivated to train through the rain and help give kids and families a brighter future.

Thanks,

Barry



Click [HERE](#) to make a donation to support **Barry** in the ING New York City Marathon on November 6th!

Don't forget to write "Barry" in the gift designation box.