

Dear Friends, Family, and Colleagues,



Thank you for supporting me and Tuesday's Children during my running of the NYC Marathon in November 2011. Your support was amazing!! In order to continue supporting this wonderful cause I am reaching out to you again. Whether you donated before or would like to donate for the first time, Tuesday's Children and I would wholeheartedly appreciate your generosity. In honor of the charity, I am dedicating the following races in 2012 to the wonderful work that they do:

- September 15th: Atlantic City Triathlon
- September 30th: Ironman 70.3, Poconos
- October 7th: Staten Island Half-Marathon

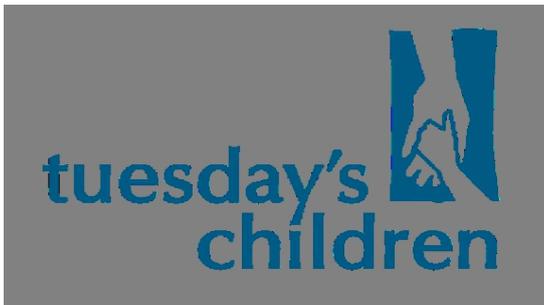
Tuesday's Children is a non-profit family service organization that has made a long term commitment to every individual impacted by the events of September 11, 2001 and more recently those who have been impacted by terrorist incidents worldwide. Since 2001,

Tuesday's Children has promoted healing and recovery by strengthening family resilience, providing individual coping and life management skills and creating community through programs, mental health support and family engagement opportunities. Through the First Responder Alliance, Tuesday's Children serves the heroic first responders that worked tirelessly at Ground Zero. Many now exhibit physical and mental health issues, including chronic respiratory ailments, post-traumatic stress disorder, anxiety, depression, cancer and fibrosis. Programming for this population includes health and wellness, stress management, nutrition, career planning workshops, life management and family relationship building and communication. In addition, family events including picnics, sporting events, and community service opportunities help to strengthen bonds.

Project COMMON BOND brings together teens, ages 15-20, from around the world who share a "common bond" — the loss of family member due to an act of terror. This program has hosted teenagers from Argentina, England, Ireland, Israel, Liberia, Palestine, Russia, Spain, Sri Lanka and the United States. This year's program, now in its fourth year, was hosted in Washington DC.

Again, thank you for your kindness and generosity.

Luis



**Click [HERE](#) to make a donation to support Luis!**  
***Don't forget to write "Luis" in the gift designation box.***

